

# LIFESTYLE

CENTRAL FLORIDA'S PREMIER COMMUNITY MAGAZINE

JULY 2011



**UNIFORMED & UNIQUE**  
Recognizing Those Who Serve  
Our Community

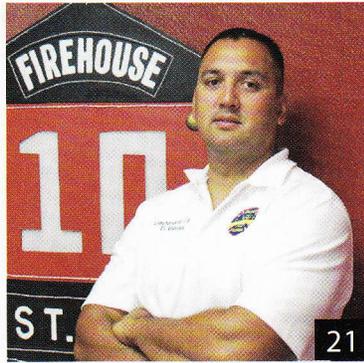
**HOOK, LINE & SINKER**  
How Fishing Brought a Family  
Together

**PIZZA  
FUSION**  
Gourmet Food  
at its Freshest

**CENTRAL FLORIDA'S  
BEST BARBECUE**  
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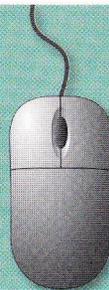
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JULY 2010

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- More snapshots from community events
- Read about fishing families from other communities
- See additional event photos from Lifestyle's Barbecue Contest



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**Notable Nurses**

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**Please e-mail us at [editor@vspublishing.com](mailto:editor@vspublishing.com). We look forward to hearing from you.**

# Tell Me, Tell You

My husband calls me a “gotta know” kind of person. Sounds like someone that doesn’t mind their business, I know. But I think he means it as a compliment. It goes back to when I was a kid and would ask a lot of questions. I would say “tell me, tell me, please tell me.” While that might have gotten a little tiresome for my parents, that quest for information turned out to be the basis for a happy career in journalism.

My whole job is “tell me, tell me” and then I “tell you, tell you.” Funny how that worked out.

Last month we debuted a new section in the magazine called Local Life, a sort of “tell you” section. Did you notice? This new section joins our other departments to better achieve our goal of bringing you the information, motivational stories and events you want to read about. Now before you dig in to the main dish that is our monthly features, you can have a little taste of what your friends and neighbors are up to and how you can help. Don’t have enough time to read a full story? Don’t worry. You can still learn the latest by reading these community tid bits.

Our intrepid group of staff and freelancers are always scouring your part of town to bring you the latest, greatest happenings, announcements and awards. Of course sometimes we miss a few.

That’s where you come in. We need your help. Tell us, tell us, please tell us. Let us know when your community is doing something the rest of us want to read about. Did your daughter’s soccer team win a statewide tournament? Let us know. Is there an Eagle Scout that did a particularly unique service project? Don’t leave us out. What about your church? Is there an amazing parishioner that has created a new ministry that helps the community? Do tell.



GREGORY BROWN PHOTOGRAPHY

Here at Central Florida Lifestyle we pride ourselves on telling the stories you can’t Google. That means it’s so local, only locals know about it. We want to be your source of hometown entertainment, community pride and volunteer action. But we can’t do it if we don’t know about it. So drop us a line and tell us, tell us, please tell us all about it.

As always you can e-mail me at [tbeach@vspublishing.com](mailto:tbeach@vspublishing.com) or call 407.649.3040.

*Tarre Beach*

Tarre Beach  
Editor

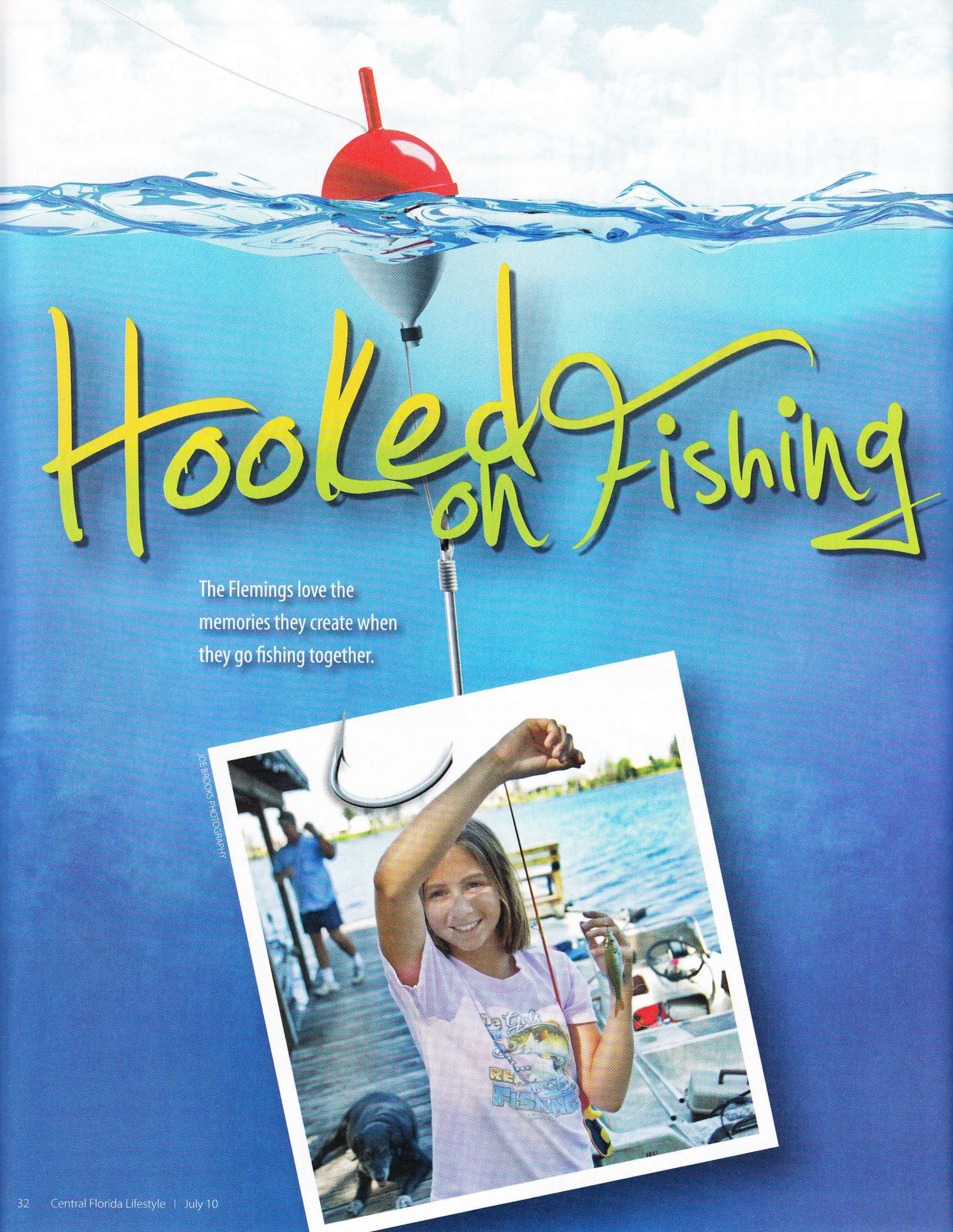
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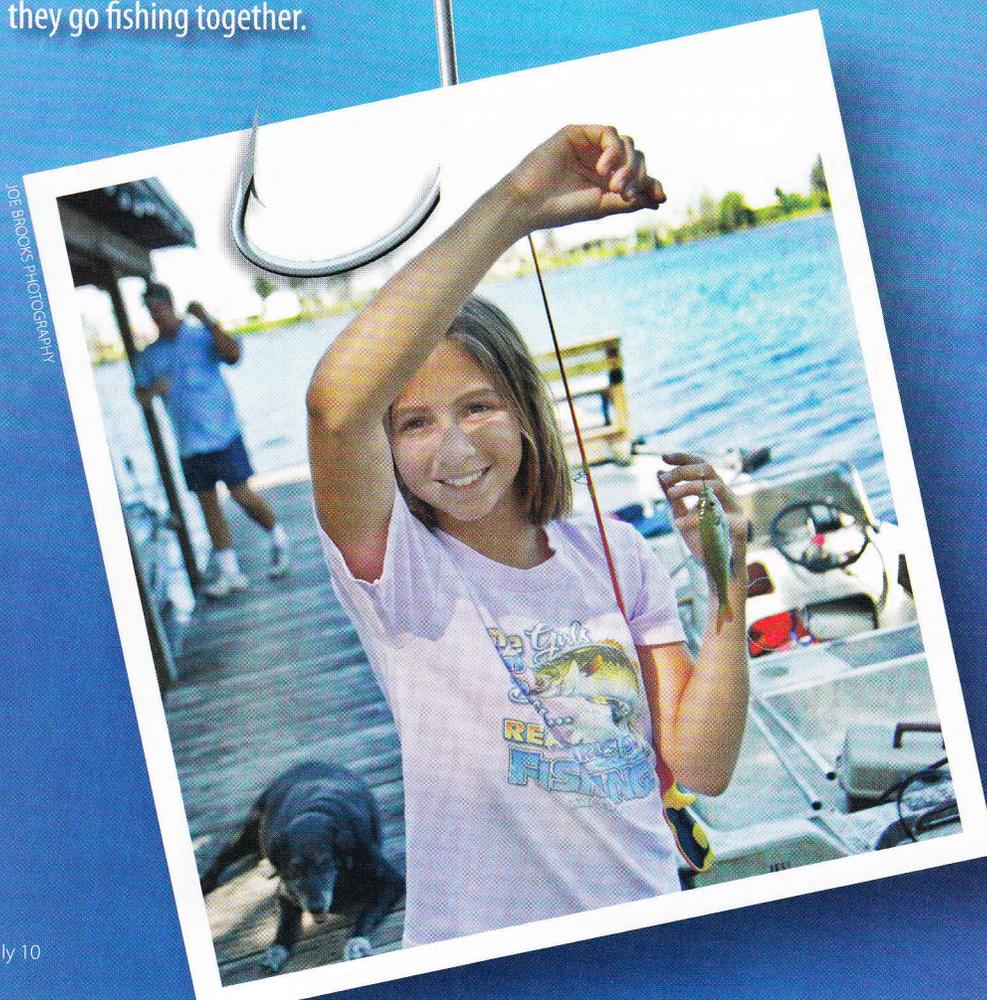


Writer **Karen V. Contino** received her bachelor’s degree in English and journalism from SUNY at Stony Brook and first place honors from the New York Press Association and the Press Club of Long Island. She currently resides in Windermere with her husband, Gene II, and son, Gene III.



# Hooked on Fishing

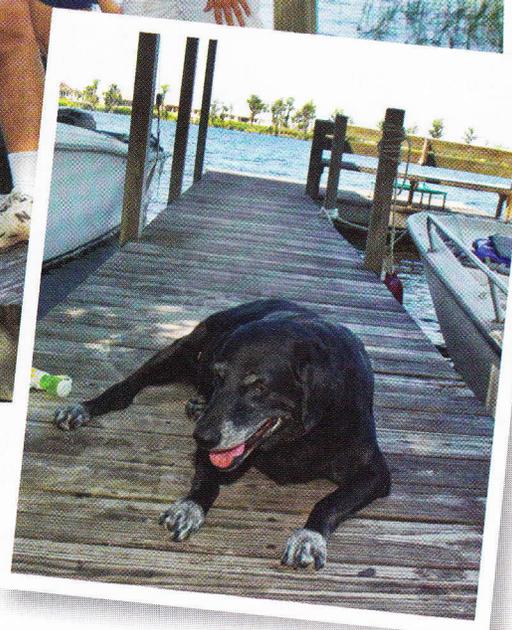
The Flemings love the memories they create when they go fishing together.



JOE BROOKS PHOTOGRAPHY



Tricia and Robert with Christina, 8, Jake, 6, Nancy, 12 and Amanda, 10.



By Matt Bendell

With popular TV shows like “Deadliest Catch” that document how hard fishing can be, it might be hard to imagine fishing as a family affair. But for the Flemings of **Windermere** it’s something they couldn’t imagine being anything but relaxing and fun.

It doesn’t really matter where they go, they just love to fish together. **Robert** and **Tricia Fleming** along with their four children have been fishing as a family for a long time, and they each have their own unique reasons for why they love it so much.

### Extending the Tradition of Fishing

For Robert, he remembers fishing as a young boy with his father and wants to create similar memories with his own children. “I married the master fisherman” says Tricia, “And I’ve been fishing with him ever since!” When it comes to their love for fishing, the children seem to be in the same boat along with their parents.

When 6-year-old **Jake** saw his sisters fishing one day, he was determined to give it a try. For **Nancy**, **Christina** and **Amanda**, they each

have their own stories to tell too. The youngest of the girls in the family, Christina, says she learned how to fish from her older sisters. And when Nancy and Amanda first fished with their dad, they were instantly hooked.

### Saltwater Fishing

Although it might be more convenient to fish the freshwater lake just steps outside their back door, there’s something about saltwater fishing that seems to have a draw for Robert. “With saltwater, you just never know what you might catch,” says Robert. Many of the women in the family have the same opinion. “I like saltwater because it seems like there’s more fish,” says Christina. “And, there’s also a 2 percent chance of catching a shark.” Her sister Amanda agrees. “Saltwater fish seem to put up a stronger, more exciting fight!”

Taking their love of fishing on the road, the Flemings have fished off both coasts of Florida including Ft. Pierce Inlet and freshwater lakes around town. They’ve even taken a fishing trip together to Bermuda.

### Creating Lasting Memories

Each member of the Fleming family has distinct fishing memories and stories that

stand out in their minds. Tricia recalls catching a fish by baiting her hook with a piece of pizza. Amanda remembers a similar catch she made in Bermuda using table scraps. “I was fishing with a big chunk of chicken on my line,” says Amanda. “Suddenly an eagle ray swam by and then a remora fish took my line and I pulled it up.” Memories like these are the ones that can last a lifetime.

“The best part is our kids like going out fishing with their grandparents too. They can spot all kinds of birds and learn about nature while they are fishing.” Robert and Tricia also say that fishing has given their kids good life skills. “It’s taught them patience and it’s allowed us all to spend some quality time together away from the TV,” says Robert. “We all feel that fishing brings families closer together, even if we’re just sitting there not talking; the looks we give each other are priceless.” **L**

Visit [CentralFloridaLifestyle.com](http://CentralFloridaLifestyle.com) for more information about fishing in Central Florida.