

LIFESTYLE

CENTRAL FLORIDA'S PREMIER COMMUNITY MAGAZINE

JULY 2011

HOOK, LINE & SINKER

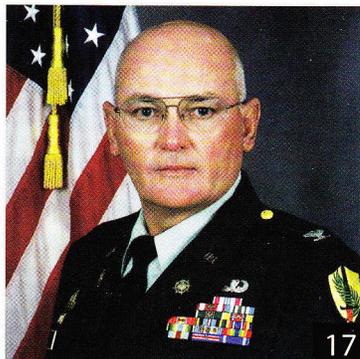
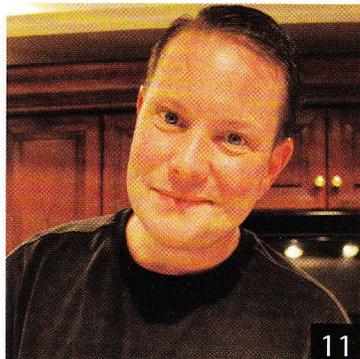
How Fishing Brought
a Family Together

**CENTRAL FLORIDA'S
BEST BARBECUE**
See Whose Recipe Won
Over Our Judges

UNIFORMED & UNIQUE
Recognizing Those Who
Serve Our Community

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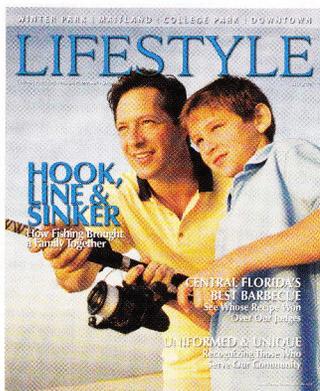


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WEB LIFE

Go online and check out our Web content for stories and photos not seen in print.

- More snapshots from community events
- Read about fishing families from other communities
- See additional event photos from Lifestyle's Barbecue Contest



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LIFELINES

Cancer Success Stories

Do you or someone you know have an amazing cancer recovery story? We want to hear it! How has cancer affected you and your family?



Health & Wellness

Our special health & wellness issue is coming up and we want to know what's new in the medical world. Send us your health tips or medical advice.



Notable Nurses

Do you know of a nurse that goes above and beyond to help their patients? Nominate them today for our Unsung Heroes Series.

Please e-mail us at editor@vspublishing.com. We look forward to hearing from you.

Tell Me, Tell You

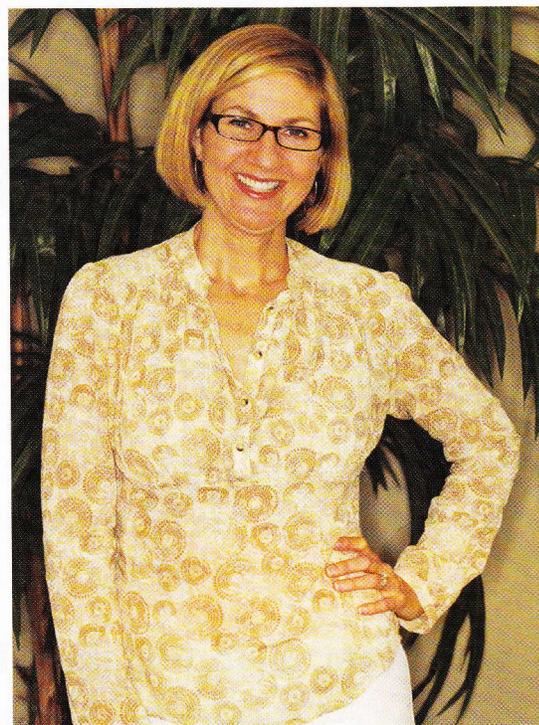
My husband calls me a “gotta know” kind of person. Sounds like someone that doesn’t mind their business, I know. But I think he means it as a compliment. It goes back to when I was a kid and would ask a lot of questions. I would say “tell me, tell me, please tell me.” While that might have gotten a little tiresome for my parents, that quest for information turned out to be the basis for a happy career in journalism.

My whole job is “tell me, tell me” and then I “tell you, tell you.” Funny how that worked out.

Last month we debuted a new section in the magazine called Local Life, a sort of “tell you” section. Did you notice? This new section joins our other departments to better achieve our goal of bringing you the information, motivational stories and events you want to read about. Now before you dig in to the main dish that is our monthly features, you can have a little taste of what your friends and neighbors are up to and how you can help. Don’t have enough time to read a full story? Don’t worry. You can still learn the latest by reading these community tid bits.

Our intrepid group of staff and freelancers are always scouring your part of town to bring you the latest, greatest happenings, announcements and awards. Of course sometimes we miss a few.

That’s where you come in. We need your help. Tell us, tell us, please tell us. Let us know when your community is doing something the rest of us want to read about. Did your daughter’s soccer team win a statewide tournament? Let us know. Is there an Eagle Scout that did a particularly unique service project? Don’t leave us out. What about your church? Is there an amazing parishioner that has created a new ministry that helps the community? Do tell.



GREGORY BROWN PHOTOGRAPHY

Here at Central Florida Lifestyle we pride ourselves on telling the stories you can’t Google. That means it’s so local, only locals know about it. We want to be your source of hometown entertainment, community pride and volunteer action. But we can’t do it if we don’t know about it. So drop us a line and tell us, tell us, please tell us all about it.

As always you can e-mail me at tbeach@vspublishing.com or call 407.649.3040.

Tarre Beach

Tarre Beach
Editor

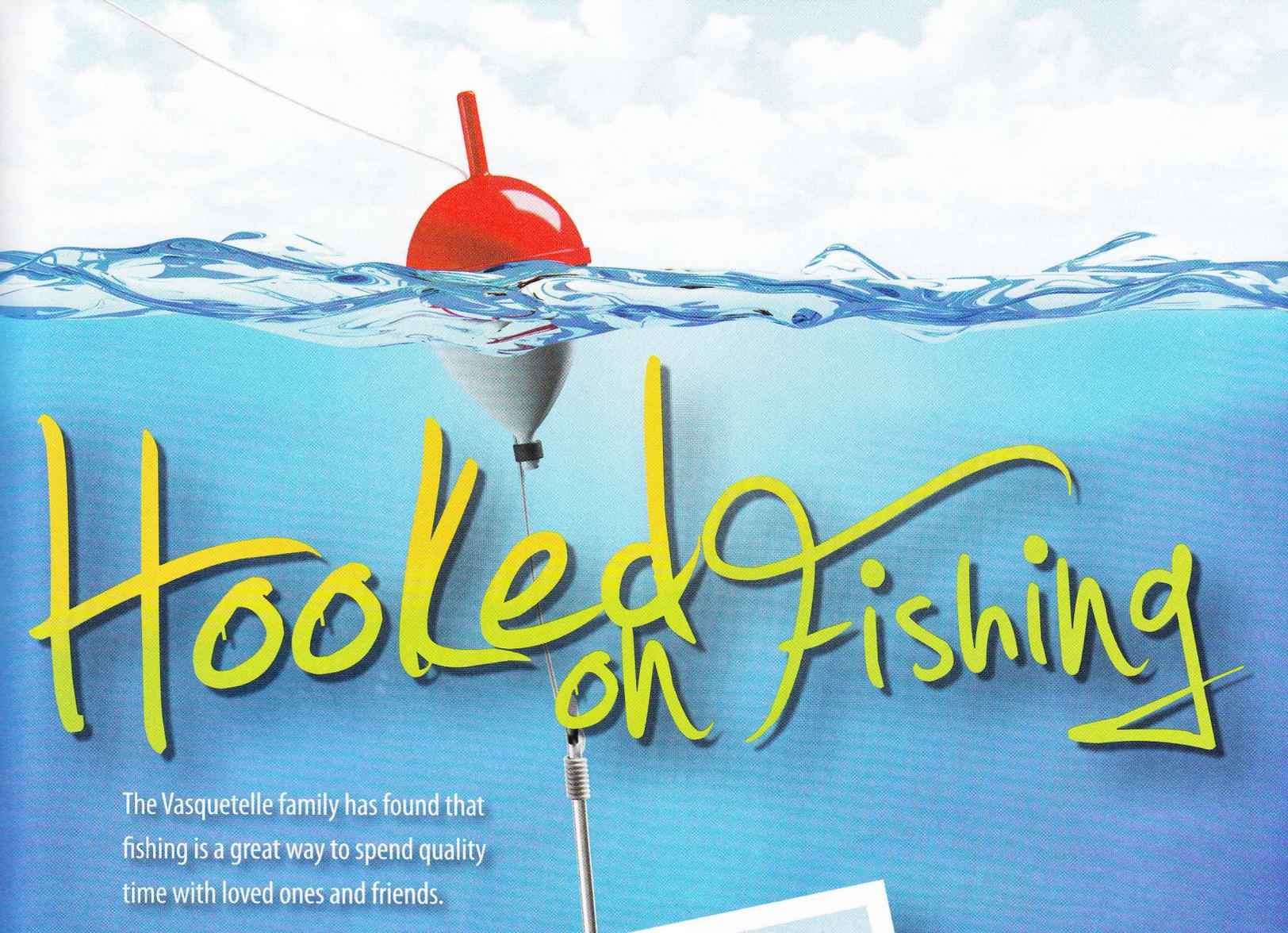
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Writer **Matt Bendell** holds a bachelor’s degree in communication arts/journalism from the University of West Florida and has worked in various media, including radio and television. When he’s not working, he likes to play tennis, travel and go to movies. He lives in Lake Nona with his wife, Krista.



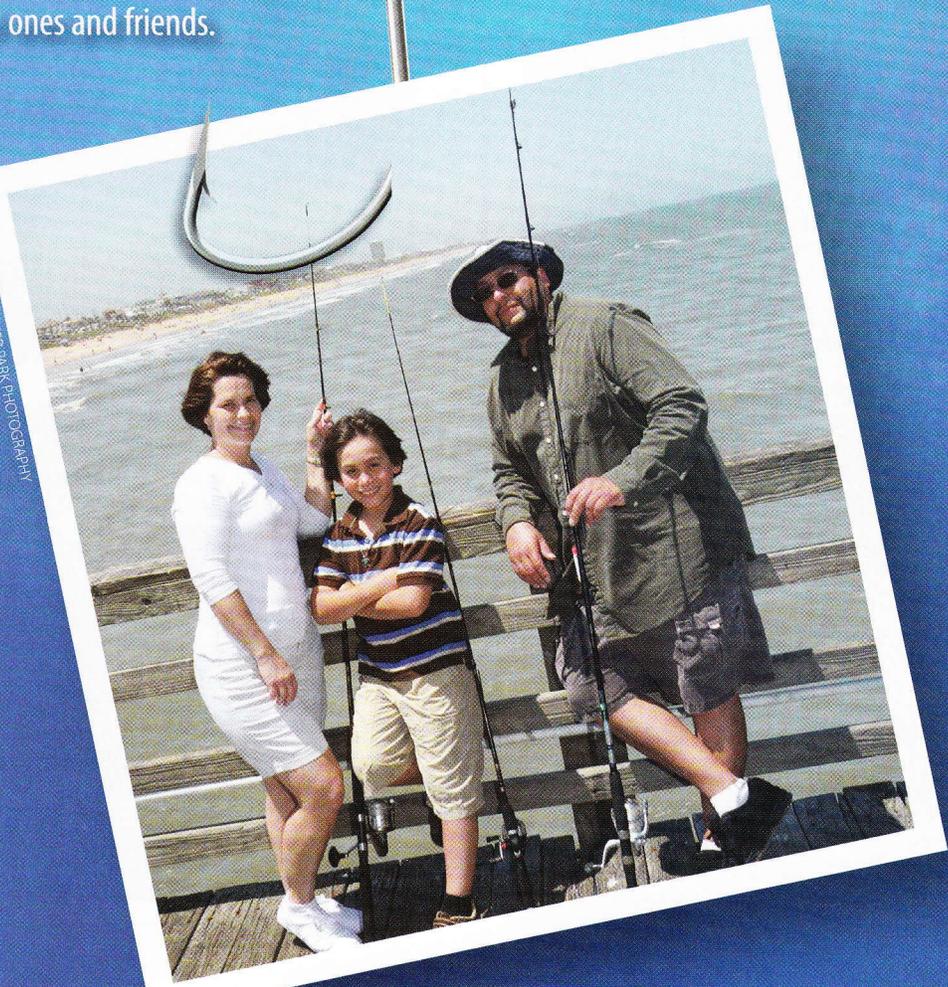
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Hooked on Fishing

The Vasquetelle family has found that fishing is a great way to spend quality time with loved ones and friends.

STEVE GAFFHAM/WINTER PARK PHOTOGRAPHY





Nydia, Izik and Israel Vasquetelle fish for family fun.

By Matt Bendell

For **Israel Vasquetelle** of **down-town Orlando**, childhood memories of fishing were not positive ones, but nevertheless, all of that changed in a surprising way after he married and had a child of his own. Vasquetelle remembers deep-sea fishing as a kid and says he had a terrible time. “I became extremely seasick,” says Vasquetelle. “Ever since then, I had always associated fishing with having a bad time.” Then his son received a Batman fishing pole from his grandparents and Vasquetelle thought he’d give fishing a try again: This time from a pier. It made all the difference in the world.

Rediscovering Fishing

When Vasquetelle’s son **Izik** began asking him to take him fishing with his new fishing pole, Vasquetelle kept putting him off. Eventually, he couldn’t put him off any longer and Vasquetelle decided to give it a try. Thankfully, he did because the experience turned into something so special, father and son now see it as bonding time. Vasquetelle’s wife **Nydia** comes along too sometimes. The Vasquetelles all agree that, as a family, fishing is a great way to enjoy nature together. “It’s

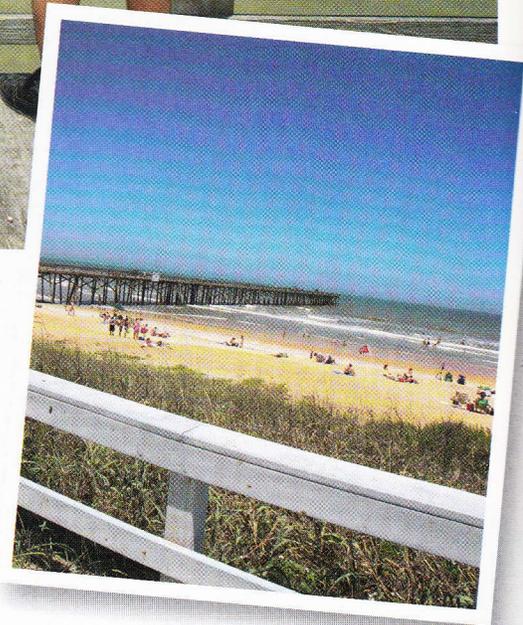
nice to be able to leave our worries behind, be together and enjoy the beautiful sunrise or sunset, depending on where it is we’re fishing,” Nydia says.

Getting Hooked

That very first time Vasquetelle fished with his son, he admits he had no idea what type of bait to use. Luckily, a kind, elderly man working behind the counter was willing to help. “After I thanked him, he said, ‘that’s why I’m here, to teach nice young men like yourself how to teach your kids to fish.’” Vasquetelle says if that man hadn’t shown interest in helping, they might have never kept on fishing.

Family Bonding

For Vasquetelle, fishing provides a unique opportunity to spend quality time with friends and family. “I’ve taken friends who’d never thought they’d fish. I’ve taken my mom, who would never dream of going fishing—and sure enough, I noted that look of excitement when she caught her first fish on a trip.” says Vasquetelle. “I’ve gone with my brother and my stepdad, who, by the way, I hadn’t fished with since getting sick



on that boat trip as a kid. It’s a special time to connect.”

Once while fishing with his son in Titusville, Vasquetelle recalls: “My son had something on the line. He was struggling to bring it in. Finally the line snapped. He was so sad. I saw a tear drop from his eye. I held him and said, ‘son, there’s more fish in the sea.’ I knew I would have to say that one day in the future, but didn’t realize it would be literally.”

For the Vasquetelle family, taking every possible opportunity to fish together is important. They seem to understand that it’s not just about catching fish. The true lure of fishing comes from absorbing the beauty of nature while spending time together. **L**

For more information on pier fishing visit our website at CentralFloridaLifestyle.com.